RideAbility Training Checklist   {Basic Training}

Name of Volunteer (or Student): _____

RideAbility training and orientation checklist:

___ **Program history and philosophy** (Began in 1997, family centered, fun for all, - **SAFETY EMPHASIS**)

___ **Respect** (People first philosophy – and all students, families and volunteers should be respected)

___ **Confidentiality** (Opinions should stay here … prevent gossip, do not pass-long medical info, sign a statement of confidentiality)

___ **Liability Release** (MN Equine Liability Law protects volunteers from being liable for injuries)

___ **Volunteer Attire** (Sturdy shoes - *no sandals*, *turn off cell phones,* bug spray, name tags, tighter clothing)

___ **Student Attire** (Required: ASTM/SEI certified helmets & long pants, Recommended: sturdy shoes with heel)
          Barn requirement: *all mounted riders will use ASTM/SEI certified helmets*

___ **Facility** (Know where to park, play area - watch your children, use garbage cans, tour the port-a-potty)

___ **In the Barn** (Locate: phone, first aid kit, lost & found, fire extinguishers, sound system, volunteer storage boxes)

___ **Desk/Office area** (Volunteer sign in log book, Student Info Cards, Name Tags, Pens&Markers, Dry Erase supplies)

___ **Refreshments** (Water jug, soda for donations, bring your own bottled water or soda, volunteer to bring cookies)

___ **Absences** (Sign-off on white board ahead of time or notify the barn as soon as possible - so we can find backups)

___ **Bad Weather** (*Do not come* if you feel unsafe, *leave early* if you feel you need to – it is your decision!)

___ **Helmets** (Helmet cabinet, sizes, borrowing helmets, liners, fitting helmets to students, returning helmets, spray)

___ **Tack** (Well fitted saddle&cinch, safety stirrups, halter with reins or bridle, lead rope, cinch safety checked 3 times)
          Barn requirement: *all mounted riders will use safety stirrups or no stirrups at all*

___ **Teams** (Posted on board, work w/student before entering the ring, sidewalkers enhance student accomplishments)

___ **Class time** (Lesson plan flow: Group prayer for safety,
                          mount at mounting ramp, warm-up, horsemanship, games, cool-down, dismount)
     *Expected riding time is 30 – 50 minutes, some days may require an equine related activity instead of riding

___ **Curriculum** (Five week basic outline: 1-Evaluation 2-Safety 3-Communication 4-Balance 5-Games & Fun)

___ **Mounting/Dismounting** (Mounting ramp procedures, dismount at instructor direction, emergency dismount demo)

___ **Side walker training** (3 basic holds plus variations, learning about your student, constant feedback to program)

___ **Horse handling** (Horses tied in the arena, no one is allowed in the arena except for their assigned tasks)

___ **Fundraisers** (1-Giving Letter 2-Nathan Schmidt memorial 3-Barn Dance 4-Raffle 5-RideAThons and other misc.)

___ **Ongoing Fundraising** (Kwik Trip Milk Moola, Kwik Card Rebates, GoodSearch, Thrivent members, and more)

I have been presented with the RideAbility mandatory training & orientation information. I have reviewed and I am comfortable with the information on the above checklist. I understand the program's guidelines, rules and expectations.

Signature: _____ Date: _____
                    (Volunteer or Student)